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[illegible]

owners manual says 3.8 quarts. and Mercon ATF. I was given 80-90W at store and had to redo it with Vavoline Mercon as I couldn't downshift. I took the stick shift off and poured it down there. Used a screw driver to get shifter unstuck from reverse. WELCOME TO FTE, SeaF150! I hope you went back to your store and 'educated' them since they recommended and sold you the wrong fluid, and hopefully they at least credited you the cost of the 80-90W....thankfully/hopefully it didn't cause your F-150 any damage. [BarrieTrk](#) Joined: Nov 2012 Posts: 9 Likes: 0 I've got a 1993 F250 7.5L. It has a 5 speed manual so from what I've learned from reading I've got a M5OD tranny. Well it has about 235k miles on the transmission. I have only owned the truck since 228k. I don't know the last time its been changed so I want to take care of it now. What fluid should I buy? I guess I only need 3 quarts of it right? According to a lot of people of here it looks like Mercon ATF is my best bet. Any specific brands that are preferred? EDIT: I just realized this is not an F250 thread. I apologize for posting in the wrong spot, but if anybody could help me anyway? I'd appreciate it. [Joined: Oct 2005 Posts: 2,084 Likes: 92 From: Stanton, Michigan, USA Quote: Originally Posted by xbrxlunch](#) I've got a 1993 F250 7.5L. It has a 5 speed manual so from what I've learned from reading I've got a M5OD tranny. Well it has about 235k miles on the transmission. I have only owned the truck since 228k. I don't know the last time its been changed so I want to take care of it now. What fluid should I buy? I guess I only need 3 quarts of it right? According to a lot of people of here it looks like Mercon ATF is my best bet. Any specific brands that are preferred? EDIT: I just realized this is not an F250 thread. I apologize for posting in the wrong spot, but if anybody could help me anyway? I'd appreciate it. I would be really surprised if your 460-powered 3/4Ton pickup has the same 5-speed transmission that was placed behind the measly 4-banger Rangers. I'd bet it is more likely to be a ZF S5 42 5-speed unit.....which required Type H fluid, and now has been superseded by Mercon V fluid. [BarrieTrk](#) [Joined: Oct 2012 Posts: 73 Likes: 0 From: Seattle](#) does anyone know know the drain/fill plugs thread sizes? i wanna buy some magnetic plugs for my next change. [Joined: Oct 2012 Posts: 6 Likes: 0 Easiest ATF Flush/Refill](#) I don't how many times I have used this forum since I purchased my 92 F150 XLT with the 300 and the M5R2. I have made quite a few repairs, but for the most part they all revolved around deferred maintenance. Now, I finally have something to give back to this repository! With my new (reman) transmission, I've been dedicated to changing the ATF every 25-40k miles. I've used a few Royal Purple and Redline products and I find them all to be roughly equivalent. The differences in shifting performance are negligible. I used to use a hand pump (fill from bottle, then move to and fill transmission, repeat) and it was such a pain in the *** I figured there must be an easier way. So I picked up a few fittings and some hose and rigged up an Cummins diesel pump (12V) to do the job. It now takes

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